



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

<b>Name of activity</b>	<b>Paddle sport moving water journey</b>	<b>Reference number</b>							
<b>Location of activity</b>	Moderate Water	<b>Ratio for activity</b>	Kayak 2:8, canoe tandem 2:12, canoe solo 2:8						
<b>Level of qualification needed to lead</b>	Lead: Moderate Water white water canoe coach or white-water canoe coach or BCU L3 or MWE in relevant discipline								
<b>Level of qualification needed to second</b>	UKCC level 1 and 4 star in relevant discipline								
<b>Location of activity</b>	Advanced Water	<b>Ratio for activity</b>	Kayak 2:6, canoe tandem 2:8, canoe solo 2:6						
<b>Level of qualification needed to lead</b>	Advanced Water white water canoe coach plus advanced water canoe coach, white water kayak plus advanced kayak leader or BCU L3 with 5 star or AWE in relevant discipline								
<b>Level of qualification needed to second</b>	UKCC level 1 and 5 star in relevant discipline								
<b>This document must be read in conjunction with</b>	<b>Activity Standard Operating Procedures and generic water sports risk assessment</b>								
<b>Key: L – Likelihood, S – Severity, R – Risk</b>		<b>Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High</b>							
<b>Activity Description</b>	<b>Foreseeable Hazard</b>	<b>Who might be harmed and how?</b>	<b>L</b>	<b>S</b>	<b>R</b>	<b>Control measures</b>	<b>L</b>	<b>S</b>	<b>R</b>



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

Moving water journey	Capsize	Staff and participants – rapids may cause people to capsize causing injury or potential fatality drowning	2	3	5	Brief group in capsize drill Helmets & Bas to be worn	2	2	4
						Staff brief group in defensive and aggressive swimming			



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Moving water journey	Capsize	Staff and participants – rapids may cause people to capsize causing injury or drowning	2	3	5	Appropriate choice of rivers for the group’s ability	1	3	4
						Staff carry appropriate safety equipment as laid out in activity guidelines			
						Staff aware of conditions and group ability and impact of each			
						Staff to portage any feature they have concerns over			
Moving water journey	Entrapment	Staff and participants – Body / foot entrapment, either on river bed, trees, rocks or in /by their boat	2	3	5	Swim brief to include, letting go of / swimming away from the boat, Keeping feet off the bottom of the river	1	3	4
						Good route choice/ positive description of lines by the leader			



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

						Saw, and pin kit to be carried.			
						Boats and equipment to be 'clean' and snag free			



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Moving water journey	Exposure to weather	Staff and participants	2	3	5	Staff carry appropriate safety equipment as laid out in Standard Operating Procedures	1	3	4
						Leader to have an evacuation plan and method of contacting assistance			
Moving water journey	Drowning, - Recirculated in stopper	Staff and participants, by becoming trapped in stopper aware of drowning hypothermia or injury.	2	3	5	Leader to inspect all features before committing themselves or their group to rapid / feature	1	3	4
						Staff and Group to portage any feature they have concerns over			
						Leader use good line to avoid participant's becoming stuck in unsafe stoppers.			
						Staff to carry throwlines			



YMCA National Centre, Lakeside Newby Bridge  
LA12 8BD Telephone 015395 39000

							and wear BA's with chest harnesses			
<b>Written by: Ian Adey</b>				<b>Date November 2013</b>			<b>Signature Ian Adey</b>			
<b>Reviewed by: Tom Sibbald Fiona Corfe</b>				<b>Date January 2018</b>			<b>Signature T Sibbald F Corfe</b>			
<b>Reviewed by: Tom Sibbald and Fiona Corfe</b>				<b>Date January 2019</b>			<b>Signature T Sibbald F Corfe</b>			