



Name of activity	Obstacle course		Reference number						
Location of activity	South Camp		Ratio for activity			1:12			
Level of qualification needed to lead	In house combined training and assessment directed by MIC, MIA, IFMGA Mountain Guide or ERCA Instructor trainer.								
This document must be read in conjunction with	Activity Standard Operational Procedures								
Key: L – Likelihood, S – Severity, R – Risk				Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High					
Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Rock slab	Slipping	Any member of the group. Slipping or falling, bruise or impact injury	2	2	4	PPE correctly adjusted and fitted helmets worn at all times. Group management and control no racing allows enough space between group members. Beware or avoid if wet or icy	1	2	3
Ladder and log bridge	Slipping falling, standing on each other's hands climbing ladder	Any member of the group. Bruise impact injury	2	2	4	Slippery on bridge when wet, no rush allow enough space, group control spot ladder	1	2	3
Angled wooden wall	Falling, rope burn	Any member of the group, fall impact injury bruise broken limb rope burn to hands	2	2	4	Group control, spotting supervised group briefing	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Cargo net down from angled wooden wall	Falling, entanglement or foot trapping in net	Any member of the group, bruise rope burns or bodily impact injury falling	2	2	4	Instructor group management and briefing	1	2	3
Boson's Chair	Falling from chair getting on or off or in transit Trapped fingers in pulley	Any member of the group, finger caught in pulley , fall from chair bodily impact injury broken limb fatality	2	3	5	Instructor briefing hazard awareness fingers in pulley. Safety strop correctly fitted buckle at front. Net is operational, to protect participant getting onto the platform.	1	3	4
Burma rope bridges	Falling	Any member of the group, fall from height head or bodily impact injury, fatality	2	3	5	PPE/FPE helmets correctly fitted and adjusted group control no rushing step knot to knot no swinging limit number at any one time on the bridge	1	3	4
Tickle Tunnel	Entanglement	Any member of the group, bruising, minor injuries	2	1	3	One person at a time check clothing and no jewellery check for hook and eye boot , Instructor carry knife in case of entrapment	1	1	2



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Wooden wall	Falling	Any member of the group, fall from wall head injury impact bodily injury fatality	2	3	5	PPE/FPE correctly adjusted and fitted helmets, Group control and management briefing and spotting	1	3	4
Rock step down to swamp	Slip trip fall	Any member of the group, bruise bodily impact injury	2	2	4	PPE/FPE correctly fitted and adjusted helmets , Do not rush slippery if wet spotting group control	1	2	3
Balance planks traverse across swamp	Slip fall into swamp, hit stump or branch in swamp	Any member of the group, slip fall bodily impact injury	3	2	5	PPE/FPE correctly adjusted and fitted helmets, take your time briefing group control no race.	1	2	3
Whole obstacle course	Equipment failure	Any member of the group, fall impact bodily injury fatality	2	3	5	Inspection maintenance regime, dynamic risk assessment onsite Instructor observation and vigilance	1	3	4
Whole obstacle course	Slip trip fall	Any member of the group, bruise cut twist broken bone head injury fatality	2	3	5	PPE/FPE correctly adjusted and fitted helmets worn at all times. Instructor briefing at each obstacle. No racing. Blind folds not to be worn for this activity	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Whole obstacle course	Branches objects falling on a group member	Any member of the group. struck by falling branch or equipment, head or bodily impact injury broken limb	2	3	5	PPE/FPE correctly adjusted and fitted helmets Maintenance and safety check regime. Instructor dynamic risk assessment overhead check for storm damage	1	3	4
Whole obstacle course	Fall from an obstacle to the ground or impact with a structure	Any member of the group falling, bodily impact injury or broken limb head injury or fatality	2	3	5	PPE/FPE correctly adjusted and fitted helmets .Instructor briefing and group control at each obstacle. Absolutely no racing	1	2	3
Obstacle course	Rope burn	Any member of the group, burns to hands from ropes or bodily injury	2	2	4	Instructor briefing no wrapping rope round hand arm or body. Instructor observation	1	2	3
Whole	Jewellery or ring injury	Any member of the group , finger or soft tissue injury ear injury	2	2	4	Check and brief on hazard Remove all Jewellery and rings. If ring cannot be removed tape finger. Necklaces could strangle	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Whole obstacle course	Any items falling out of pockets or falling on them in pockets	Any member of the group, Item in pockets falling on somebody or falling impact on item in pocket. Cut bruise puncture wound or bodily injury	2	3	5	Hazard briefing and pockets check by Instructor before starting activity	1	2	3
Whole obstacle course	Group members standing on fingers or hands or kicking each other	Any member of the group, bruise cut hand or finger injury bodily injury	2	2	4	Instructor briefing and observation, group control and hazard awareness	1	2	3
Operating activity	Darkness	All members of the group by not seeing obstacles	3	3	6	Activity not to operate in the dark	1	2	3
Written by: Mike Margeson			Date November 2012			Signature Mike Margeson			
Reviewed by: Mike Margeson			Date November 2013			Signature Mike Margeson			
Reviewed by: Mike Margeson			Date December 2016			Signature Mike Margeson			
Reviewed by: Mike Margeson			Date December 2017			Signature Mike Margeson			
Reviewed by: Mike Margeson			Date December 2018			Signature Mike Margeson			