



Name of activity		Tug of War	Reference number							
Location of activity		South Camp	Ratio for activity			1 : 12				
This document must be read in conjunction with		The Tug of War activity Operational Procedures In house training by member of health and safety team								
Key: L – Likelihood, S – Severity, R – Risk					Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High					
Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R	
Moving around Activity site	Slips, trips and falls	Participants by running or standing on rope Participants by slipping on wet ground	3	2	5	Choose location with reduced slip, trip hazards. Complete pre check of site to remove any hazards Pre session brief about not standing on the rope. In heavy rain consider cancelling or moving to move appropriate place.	2	2	4	
Manual Handling	Muscular skeletal injury	Participants by incorrect pulling techniques	2	2	4	Staff to brief in correct pulling technique. Staff to correct any bad technique shown.	1	2	3	



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Rope Handling	Rope Burn	Participants by incorrect handling of rope. Participants from using too thinner rope.	3	2	5	Staff to brief on correct rope handling technique. Only the designated Tug Of war rope is to be used. Staff to correct any bad technique shown.	2	2	4
Finishing the tug	Falling and hitting low back and or head on ground.	Participants by one side of the team letting go of the rope. Participants by slipping	3	2	5	Staff to be an anchor on either end of the rope. Staff to brief not to let go of the rope .Proactive supervision	2	2	4
Pulling tug of war	Hand or body entrapment / rope burn	Participants by tying or wrapping rope around hands or body.	3	2	5	No knots to be tied in the rope or around a person. Rope cannot be wrapped around hands or arms. Proactive supervision.	1	2	3
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