



What's the Food Like at Lakeside? Delicious and Nutritious!

Turn over to see a sample menu!

A nutritious and well balanced diet is an important part of your residential with us here at Lakeside. We aim to cater for all allergies and reasonable dietary requirements. We only use certified Halal suppliers and are happy to discuss your personal requirements.

There are on site drinks available from our shop and vending machine. Packed lunches are available on request during your stay with us or on departure for your journey home, and hot chocolate is always a favourite for the evening!

YMCA National Centre Lakeside is part of Fylde Coast
YMCA Reg charity 1074571

www.lakesideymca.co.uk

YMCA

National Centre, Lakeside



Sample menu

YMCA



National Centre, Lakeside

BREAKFAST

Full English including bacon, sausage, egg, mushrooms, beans, tomatoes, toast & preserves
Fruit or cereal options

MONDAY

LUNCH

Home-made Soup of the Day

Paninis
Hot or Cold
Baguettes
Various Fillings
Jacket Potato
Seasoned wedges
Baked Beans

Cold dessert

DINNER

Home-made Soup of the Day

Chicken or Tomato Pasta
Fish Cake
Veg Pasta Bake
Croquette
Potatoes
Peas
Pizza Garlic Bread

Syrup Sponge

TUESDAY

LUNCH

Home-made Soup of the Day

Burgers: Beef
Chicken or Veg
Baguette
Mixed Salads
Jacket Potato
Fries
Baked Beans

Cold dessert

DINNER

Home-made Soup of the Day

Chicken Curry
Veg Curry
Meatballs
Rice
Naan Bread
Mixed Salad
Lemon Sponge

WEDNESDAY

LUNCH

Home-made Soup of the Day

Chicken Wrap
Chilli Jacket
Veg Wrap
Baguettes
Jacket Potatoes
Cajun Potatoes
Baked Beans
Sweetcorn

Cold dessert

DINNER

Home-made Soup of the Day

Roast of the Day
Bubble & Squeak
Meat Pie/Pasty
Roast Potatoes
Carrot
Swede
Apple Crumble

THURSDAY

LUNCH

Home-made Soup of the Day

Pizzas
Baguette
Mixed Salads
Jacket Potato
Wedges
Baked Beans
Cold dessert

DINNER

Home-made Soup of the Day

Beef Lasagne
Veg Lasagne or Mac Cheese
Cheese & Onion Bake
New Potatoes
Garlic Bread
Green eans

Chocolate sponge

FRIDAY

LUNCH

Home-made Soup of the Day

Battered Fish
Vegetable Quiche
Baguette
Peas
Jacket Potato
Chips
Baked Beans

Cold dessert

DINNER

Home-made Soup of the Day

Cottage Pie
Pasty or Sausage Roll
Veg Cottage Pie
New Potatoes
Cauliflower
Broccoli

Hot Dessert

SATURDAY

LUNCH

Home-made Soup of the Day

Pizzas
Baguette
Mixed salad
Jacket Potato
Chips or Wedges
Baked Beans

Cold dessert

DINNER

Home-made Soup of the Day

Chicken curry
Beef curry
Vegetable curry
Rice
Naan Bread
Mixed Salad

Hot Dessert

SUNDAY

LUNCH

Home-made Soup of the Day

Toad in the Hole
Veg Stir Fry
Baguette
Peas
Jacket Potato
Croquettes
Baked Beans

Cold dessert

DINNER

Home-made Soup of the Day

Beef Burgers
Veg Burgers
Sausage Rolls
Wedges or Chips
Mixed Salad

Hot Dessert