





YMCA National Centre, Lakeside Newby Bridge LA12 8BD Telephone 015395 39000

Name of activity Location of activity Level of qualification needed to lead		King swing east Shore path near North Centre		Reference number								
				F	Ratio for activity				1: !2 or 2:12 in the dark			
		Separate in house training and assessment directed by MIC, MIA, IFMGA Mountain Guide or ERCA instructor trainer										
This document must conjunction v		Activity St	tandard Operational P	rocedur	es							
Key: L – L	ikelihood,	S – Severity	y, R – Risk		Risk	(Sco	re 1-	2 = Low 3-	4 = Medium 5- 6	= Hi	gh	
Activity Description	Foreseeal	ole Hazard	Who might be harmed and how?			S	R	Control measures		L	S	R
Instructor	Branches dead wood hanging branches		Any member of the group		2	3	5	Instructor check overhead for dangerous branches		1	3	4
Instructor and group	Branches deadwood		Any member of the gro Instructor	oup or	2	3	5	and instru	ers of the group uctor wear PPE fitted helmet	2	2	4
Swinging	Fall from height hitting the ground		Any member of the growhile on the king swing or impact injury, fatality	g, bodily	2	3	5	and back	adjusted check attachment up, check ground e, spot mounting ounting of steps		3	4
Swinging	Collide or impact with steps or person		Any member of the gro the king swing or bysta bodily injury		2	2	4	group out swinging for passe	awareness, keep side the fenced area, vigilance rs-by Steps high d warning tap	1	2	3







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Activity Description Foreseeable Hazard		Who might be harmed how?	and	L	S	R	Control measures	L	S	R	
Swingers point of elease Gri Gri incorrect release		Any member of the group on the swing at the release point, entrapment and finger injuries		2	2	4	Demonstration of Gri Gri release, if not released lower slowly by haul system		2	3	
Swinger Entanglement with retrieval rope		Any member of the group on the swing, entanglement or rope burn		2	2	4	Ensure swinger is clear of retrieval rope during hauling and release phases		2	3	
Hauling group Group member hit by top 4:1 pulley falling		Any member of the group in the hauling party, head or bodily injury		3	3	6	Fenced off safety zone, briefing and hazard awareness, group control		3	4	
Operating activity Darkness		All at activity		2	3	5	Second member of staff used and lighting	1	3	4	
Written by: Mike Margeson				Jan	uary	2012	Signature Mike N	Signature Mike Margeson			
Reviewed by: Mike Margeson			Date November 2014				14 Signature Mike N	Signature Mike Margeson			
Reviewed by: Mike Margeson				Dec	emb	er 20	16 Signature Mike N	Signature Mike Margeson			
Reviewed by: Mike Margeson				Dec	emb	er 20	17 Signature Mike N	Signature Mike Margeson			
Reviewed by: Mike Margeson				Dec	emb	er 20	18 Signature Mike N	Signature Mike Margeson			







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