



Name of activity	King swing west		Reference number						
Location of activity	Shore path near North Centre		Ratio for activity			1:12 or 2:12 in the dark			
Level of qualification needed to lead	Separate in house training and assessment directed by MIC, MIA, IFMGA Mountain Guide or ERCA instructor trainer								
This document must be read in conjunction with	Activity Standard Operational Procedures								
Key: L – Likelihood, S – Severity, R – Risk					Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High				
Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Instructor	Branches dead wood hanging branches	Any member of the group	2	3	5	Instructor check overhead for dangerous branches	1	3	4
Instructor and group	Branches deadwood	Any member of the group or Instructor	2	3	5	All members of group and instructor wear PPE correctly fitted helmet	2	2	4
Swinging	Fall from height hitting the ground	Any member of the group while on the king swing, bodily or impact injury, fatality	2	3	5	Correctly adjusted harness, check attachment and back up, check ground clearance, spot mounting and dismounting of steps	1	3	4
Swinging	Collide or impact with steps or person	Any member of the group on the king swing or bystander, bodily injury	2	2	4	Hazard awareness, keep group outside the fenced swinging area, vigilance for passers-by steps high viz hazard warning tap	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Swinger point of release	Gri Gri incorrect release	Any member of the group on the swing at the release point, entrapment and finger injuries	2	2	4	Demonstration of Gri Gri release, if not released lower slowly by haul system	1	2	3
Swinger	Entanglement with retrieval rope	Any member of the group on the swing, entanglement or rope burn	2	2	4	Ensure swinger is clear of retrieval rope during hauling and release phases	1	2	3
Hauling group	Group member hit by top 4:1 pulley falling	Any member of the group in the hauling party, head or bodily injury	3	3	6	Fenced off safety zone, briefing and hazard awareness, group control	1	3	4
Operating activity	Darkness	All at activity if participant hits them.	2	3	5	Second member of staff used. Additional lighting to be used	1	3	4
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National Centre, Lakeside

Activity Risk Assessment - King Swing West

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