



<b>Name of activity</b>		<b>Low Ropes</b>	<b>Reference number</b>						
<b>Location of activity</b>		North Centre	<b>Ratio for activity</b>			1:12			
<b>Level of qualification needed to lead</b>		In house combined training and assessment directed by MIC, MIA, IFMGA Mountain Guide or ERCA Instructor trainer.							
<b>This document must be read in conjunction with</b>		<b>Activity Standard Operational Procedures</b>							
<b>Key: L – Likelihood, S – Severity, R – Risk</b>					<b>Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High</b>				
<b>Activity Description</b>	<b>Foreseeable Hazard</b>	<b>Who might be harmed and how?</b>	<b>L</b>	<b>S</b>	<b>R</b>	<b>Control measures</b>	<b>L</b>	<b>S</b>	<b>R</b>
Equipment failure	Fall	Any member of the group falling, equipment failure. Bodily impact injury	2	2	4	Dynamic risk assessment observation of site. Maintenance checks	1	2	4
Object from above falling	Head or bodily injury	Any member of the group hit by falling branch, head or bodily injury	2	3	5	Dynamic risk assessment overhead check of any damage or hazard's. Maintenance checks	1	3	4
Walkway	Slip trip fall	Any member of the group particularly if wet, fall from log bodily impact injury cuts bruises	2	2	4	PPE/FPE helmets correctly adjusted and fitted hazard awareness briefing by Instructor effective group control	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Log	Slip trip fall	Any member of the group, fall of log impact bodily injury	2	2	4	PPE/FPE helmets correctly adjusted and fitted, if log wet sit down and shuffle. None slip sand paint applied to upper surface of log	1	2	3
Steps	Slip trip fall	Any member of the group slip or fall, impact bodily injury	2	2	4	PPE/FPE helmets worn correctly adjusted and fitted hazard of swinging steps buddy pass or hold step	1	2	3
Cross over	Slip fall	Any member of the group falling off, back or bodily injury	2	3	5	PPE/FPE helmets worn correctly adjusted and fitted. Spotting from behind trained and supervised by Instructor	1	3	4
Postman's walk	Slip	Any member of the group falling off, impact bodily injury	2	2	4	PPE/FPE helmets worn correctly fitted and adjusted. Spotting from behind trained and supervised by Instructor	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Traverse Burma bridge	Fall	Any member of the group falling from bridge, impact bodily injury head injury fatality	2	3	5	PPE/FPE helmets worn correctly fitted and adjusted. Step knot to knot push out top ropes for stability , no swinging no more than one person on the bridge at one time	1	3	4
Flea jumps	Slip fall	Any member of the group fall off, bruise bodily impact injury	2	2	4	PPE/FPE helmets worn correctly fitted and adjusted. Choose appropriate height .Direct supervision	1	2	3
Flea jumps	Slip fall	Person on the flea steps falling on to spotter member of group impact injury	2	2	4	Supervision Instructor briefing and awareness of hazard	1	2	3
Elephants feet	Slip fall	Any group member fall off feet, impact bodily injury	2	2	4	PPE/FPE helmets worn correctly fitted and adjusted , spot the fence, encourage to jump positively	1	2	3
Tensioned line traverse	Swing fall	Any member of the group fall and swing, impact bodily injury	2	2	4	PPE/FPE helmets worn correctly fitted and adjusted, spotting demonstrate technique	1	2	3



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Wobbly ladder /ropes	Slip fall	Any member of the group fall off, impact bodily injury	2	2	4	PPE/FPE helmets worn correctly fitted and adjusted. Support and encouragement	1	2	3
Step	Slip fall	Any member of the group, fall off. Impact bodily injury, back and head injury	2	3	5	PPE/FPE helmets correctly fitted adjusted. Supervision of platforms and steps	1	3	4
Toilet chain traverse	Slip fall	Any member of the group falling off, impact bodily injury rope burn to hands	2	2	4	PPE/FPE helmets correctly fitted adjusted .Buddy pass rope to traverser	1	2	3
Traverse of any of the elements	Trip fall slip	Any member of the group falling off an element , impact bodily injury	2	2	4	PPE/FPE helmets correctly fitted adjusted. No racing, ensure one person on each element at a time. Supervision and group management ,	1	2	3
Operating the activity	Darkness	All members of the group by not seeing obstacles	3	3	6	Do not operate the activity in the dark.	1	2	3
<b>Written by: Mike Margeson</b>			<b>Date November 2012</b>			<b>Signature Mike Margeson</b>			
<b>Reviewed by: Mike Margeson</b>			<b>Date November 2016</b>			<b>Signature Mike Margeson</b>			
<b>Reviewed by: Mike Margeson</b>			<b>Date December 2017</b>			<b>Signature Mike Margeson</b>			
<b>Reviewed by: Mike Margeson</b>			<b>Date December 2018</b>			<b>Signature Mike Margeson</b>			