



Name of activity	Longboat Sailing	Reference number	
Location of activity	Windermere	Ratio for activity	2:12 YMCA Activities (When using 2 Longboats) RYA courses 1-3 Instructor, on board 1-6 using 2 boats
Qualification to lead	RYA DI familiar with longboat – an RYA SI must be on site for any sailing session to operate.		
Qualification to second YMCA Activities	RYA AI familiar with longboat - RYA Safety boat if only one longboat.		
This document must be read in conjunction with	Generic water sports risk assessment and activity specific standard operating procedures. Powerboat Standard Operating Procedures.		
Key: L – Likelihood, S – Severity, R – Risk		Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High	

Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Sailing	Man overboard	Any member of the group - drowning	1	3	5	All group members wear correctly fitting and checked PFDs, briefing of group and vigilance of staff, qualified staff trained in MOB procedure and use of engine	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Sailing	Collision	Any member of the group - bodily injury	2	3	5	Keep good lookout and abide by IRPCS	1	3	4
Sailing	Hit by mainsail clew block	Any member of the group bodily injury	2	2	4	Briefing by staff and staff vigilance	1	2	3
Sailing	Poor visibility: collision or lost	Any member of the group - bodily injury, psychological harm	2	3	5	Do not run session if east side of the lake is not visible unless appropriate actions have been agreed with the Safety Team. Monitor weather and carry air horn and mobile phone (plus map if needed). Avoid busy parts of lake and anchor, if necessary, until visibility improves.	1	3	4
Sailing	Becalmed or equipment failure	Any member of the group - cold	2	2	4	Engine plus fuel and paddles / oars aboard, spare clothing and mobile phone carried.	2	1	3
Sailing	Leaving or approaching a jetty entrapment between boat and jetty	Anybody in the boat fingers or hand injury entrapment t	2	2	4	Instructor and group awareness Instructor group management	1	2	3



Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	S	Control measures	L	S	R
Sailing	Swamping	Any member of the group - hypothermia, psychological harm	2	3	5	Weather forecast checked and wind monitored, qualified staff trained in how to deal with swamping, bailers carried plus mobile phone in dry bag, group members wear appropriate clothing.	1	3	4
Sailing	Capsize	Any member of the group –drowning, hypothermia, psychological harm	1	3	4	Qualified staff take appropriate action to prevent capsize, group members wear PFDs and appropriate clothing.	1	2	3

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