



YMCA National Centre, Lakeside Newby Bridge
LA12 8BD Telephone 015395 39000

Name of activity	Paddle sport moving water		Reference number						
Location of activity	Moderate Water		Ratio for activity			Kayak 2:8, canoe 2:12, solo 2:8			
Qualification needed to lead	Lead: white water canoe coach or white-water kayak coach or BCU L3 or MWE in relevant discipline								
Qualification needed second	UKCC level 1/paddle sport leader and 4 - star in relevant discipline								
Location of activity	Advanced Water		Ratio for activity			Kayak 2:6, canoe 2:8, solo 2:6			
Qualification needed to lead	Advanced white-water canoe coach or advanced whitewater kayak coach or L 5 in relevant discipline								
Qualification needed second	UKCC level 1/paddle sports leader and 5- star in relevant discipline								
Read in conjunction with	Activity Standard Operating Procedures and generic water sports risk assessment								
Key: L – Likelihood, S – Severity, R – Risk				Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High					
Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Moving water journey	Capsize	All rapids may cause capsize injury or fatality/ drowning	2	3	5	Capsize drill PPE worn Defensive swimming brief	2	2	4



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Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Moving water journey	Capsize	Staff and participants – rapids may cause people to capsize causing injury or drowning	2	3	5	Appropriate choice of rivers for the group’s ability	1	3	4
						Carry safety equipment as laid out in SOPs			
						Awareness of conditions group ability implications			
						Portage any feature concerns over			
Moving water journey	Entrapment	Staff and participants – Body / foot entrapment, either on river bed, trees, rocks or in /by their boat	2	3	5	Swim brief, letting go of / swimming away from the boat, Keeping feet off the bottom of the river	1	3	4
						Route choice/ description of lines by the leader			
						Saw, and pin kit carried.			
						Boats and equipment to be ‘clean’ and snag free			



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Activity Description	Foreseeable Hazard	Who might be harmed and how?	L	S	R	Control measures	L	S	R
Moving water journey	Exposure to weather	Staff and participants	2	3	5	Carry safety equipment as laid out in SOPs	1	3	4
						Have evacuation plan and method of contacting assistance			
Moving water journey	Drowning, - Recirculated in stopper	Staff and participants, by becoming trapped in stopper aware of drowning hypothermia or injury.	2	3	5	Leader inspect rapids before committing themselves or their group	1	3	4
						Staff and Group to portage any feature of concern			
						Safe line to avoid anybody becoming stuck in stopper			
						Staff carry throwlines wear BA's with chest harnesses			
Written by: Ian Adey			Date November 2013			Signature Ian Adey			
Reviewed by: Tom Sibbald Fiona Corfe			Date January 2019			Signature T Sibbald F Corfe			
Reviewed by: Tom Sibbald and Fiona Corfe			Date January 2020			Signature T Sibbald F Corfe			