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| Name of activity | Orienteering | | Reference number | | | | | | |
| Location of activity | Onsite | | Ratio for activity | | | 1:15 | | | |
| Level of qualification needed to lead | BOF Teacher Leader Part 1 or 2 Instructor or club coach award, alternatively in house training and assessment | | | | | | | | |
| This document must be read in conjunction with | Activity Standard Operating Procedures | | | | | | | | |
| Key: L – Likelihood, S – Severity, R – Risk | | | | | Risk Score 1- 2 = Low 3- 4 = Medium 5- 6 = High | | | | |
| Activity Description | Foreseeable Hazard | Who might be harmed and how? | L | S | R | Control measures | L | S | R |
| Orienteering | Trip Slip or Fall | Any member of the group. Abrasion cut bodily injury | 2 | 2 | 4 | Briefing about terrain if running type competition | 1 | 2 | 3 |
| Orienteering | Road traffic accident | Any member of group crossing the road or walking along the road impact injury fatality | 2 | 3 | 5 | Supervision of road crossing with some groups briefing of road hazard | 1 | 3 | 4 |
| Orienteering | Lost or Misplaced | Any member or members of the group worried frightened psychological harm | 2 | 2 | 4 | Coaching lesson plan progression relocation skills briefing on what to do if unsure of location | 1 | 2 | 3 |



| Activity Description | Foreseeable Hazard | Who might be harmed and how? | L | S | R | Control measures | L | S | R |
|-----------------------------------|-------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------|---|---|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|
| Orienteering | Tick bite | Any member of the group, concern discomfort infection Lyme Disease | 2 | 3 | 5 | Avoid bracken consider r long sleeve top and bottoms. Brief group about Tick Bites and what to look for. Ensure visiting staff are aware of signs and symptoms of Lyme disease | 1 | 3 | 4 |
| Orienteering | Fall from fence or Wall | Any member of the group impact injury from falling of wall or fence bruising possible head injury or broken bone | 2 | 3 | 5 | Course chosen to avoid climbing walls and fences briefing of hazard there is no need to climb any fence or wall | 1 | 3 | 4 |
| Written by: Mike Margeson | | | Date November 2011 | | | Signature Mike Margeson | | | |
| Reviewed by: Mike Margeson | | | Date November 2012 | | | Signature Mike Margeson | | | |
| Reviewed by: Mike Margeson | | | Date December 2016 | | | Signature Mike Margeson | | | |
| Reviewed by: Mike Margeson | | | Date December 2017 | | | Signature Mike Margeson | | | |
| Reviewed by: Mike Margeson | | | Date December 2018 | | | Signature Mike Margeson | | | |
| Reviewed by: Mike Margeson | | | Date January 2020 | | | Signature Mike Margeson | | | |

